

RESOURCE GUIDE

There is No Wrong Door to access alcohol/drug treatment.
Click [here](#) for more information.

SUBSTANCE ABUSE SERVICE HELPLINE



1.844.804.7500

A 24/7 toll-free helpline to provide screening, resources, and referral directly to a treatment provider.
Call 1-844-804-7500



COREcenter

Connecting to Opportunities for Recovery and Engagement

CORE Centers offer sites throughout L.A. County where staff provide education, resources, and in-person screening and linkage to treatment.
bit.ly/CORECenter



CENS

Client Engagement
and Navigation Services

CENS Staff serve as liaisons between state, county, and city agencies and providers conducting in-person screening, and linkage to treatment.
bit.ly/CENSpage



SUDHelpLA.org

Service Bed and Availability Tool
(SBAT)

Any person (or their representative) can contact treatment providers directly or by using the Online Provider Directory at
<https://www.SUDHelpLA.org/>



RecoverLA.org

A free mobile app that provides education and resources for those seeking substance use services for themselves or others.

- Available in 13 languages
- <https://www.RecoverLA.org/>



Harm Reduction Services

For more information, resources, and training related to Harm Reduction
bit.ly/LAHarmReduction



Accessing Substance Use Treatment Services in L.A. County and Additional Support Resources

Additional Resources			
Name of Resource	Description	Call Toll Free	Web Address
Los Angeles Department of Health Services	An integrated health system providing health care to the community and those incarcerated as well as a variety of community programs.	For a list of contact numbers visit https://dhs.lacounty.gov/contact-us/?facprogram=Health%20Services	https://dhs.lacounty.gov/
Los Angeles County Department of Mental Health (DMH) Access Hotline	24/7 Mental Health Services include screening, assessment, referral & crisis counseling	(800) 854-7771 24 hours per day/ 7 days a week	List of Mental Health Services: https://dmh.lacounty.gov/our-services/
Los Angeles County Department of Public Social Services (DPSS)	To apply for Medi-Cal, food stamps and income support for low-income families and individuals	(866) 613-3777 Monday-Friday 7:30am - 5:30pm	https://dpss.lacounty.gov/en.html
Los Angeles County Homeless Outreach Portal (LA-HOP)	Countywide web-based portal for constituents to easily submit requests for homeless outreach and provides educate about outreach teams	For families with minor children dial 211 and ask to be connected to the Coordinated Entry System for Families	https://www.lahsa.org/portal/apps/la-hop/
Los Angeles Homeless Services Authority (LAHSA)	Resources for individuals and households experiencing homelessness or at-risk of becoming homeless	Information Line (213) 225-6581 Mon – Fri 7:30 am – 4:30 pm	https://www.lahsa.org/get-help
Los Angeles County Shelter Resources	LA Public Library and LAHSA have web-based portals for locating shelters within Los Angeles County	211 Adults & Youth (800) 548-6047	https://www.lapl.org/homeless-resources https://www.lahsa.org/winter-shelter https://www.lahsa.org/portal/apps/find-a-shelter/

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988 Suicide and Crisis Lifeline	The 988 Suicide and Crisis Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.	988 24 hours per day/7 days a week Línea de Prevención del Suicidio y Crisis 988 For TTY Users: Use your preferred relay service or dial 711 then 988.	Lifeline (988lifeline.org) Note: Tele-Interpreter services for 150+ languages available to the crisis centers
L.A. County Crisis Text Line	Crisis Text Line is available 24/7 from anywhere in the U.S. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform.	Text HOME to 741741	https://www.crisistextline.org/
Trevor Project Lifeline	Provide support to LGBTQ youths and allies in crisis or in need of a safe and judgment-free place to talk.	1-800-788-7386	https://www.thetrevorproject.org/get-help
Office of Immigration Affairs (OIA)	Connection to free or low-cost attorney if you have questions regarding the “public charge” test and your immigration status	(800) 593-8222 Monday-Friday 8:00am-4:30pm	oia.lacounty.gov
Alcoholics Anonymous (AA)	Peer supported program for people in recovery from alcohol use disorder who meet regularly	(800) 923-8722	www.AA.org
Narcotics Anonymous (NA)	Peer supported program for people in recovery from other	(800) 974-0062	www.NA.org

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	illicit substances who meet regularly		
National Alliance on Mental Illness (NAMI)	Provides education support & advocacy to improve the lives of those living with mental illness	(800) 950 6264	www.nami.org
Nicotine Anonymous	Peer supported program for people in recovery or who need support to stop use of tobacco and nicotine products who meet regularly	(877) 879-6422	https://www.nicotine-anonymous.org/
Al-Anon Al-Anon Los Angeles	Members who are worried about someone important to them with a substance use issue	(888) 425-2666 (818) 760-7440- Los Angeles	www.al-anon.org
Medication-Assisted Recovery Anonymous (MARA)	Peer supported program for people in recovery that utilize medication-assisted treatment		California MARA International (mara-international.org)